

SATURATE FIELD GUIDE



RE:GENERATION



STUFF FOR THE *FLEX Games*



HELPFUL

TIPS

Read all the ways you can
get points and make a
plan to max it out!



Welcome to The Flex Games




An interactive, conference-wide, team-based
challenge new to Saturate 2023!



The Flex Games

Overview



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Welcome to the Flex Games; something new to Saturate 2023. The Flex Games will be a comprehensive challenge against three distinct teams that will continue over the course of the entire conference. It will build up to the Main Games which will take place Friday afternoon and continue till the final challenges Friday evening. Does your team have what it takes to claim the ultimate flex?



Three Teams. Three Ministries

EBIC, BASIC, and Elim Fellowship

These will be the coaches for each team. **Elim Bible Institute and College** will lead the **Blue** team, **BASIC**. Campus ministries will lead the **Green** team. **Elim Fellowship** will lead the **Red** team. Find out more about your coaches and their ministries in the following pages.



Whose Team Are You On?

Were you assigned Red, Green, or Blue

Most students and leaders were assigned a team at check-in. If you were not yet assigned a team, it is based on seating location. Please visit our Flex Games Central booth in the lobby to be given a team assignment.



Points for Everything

Check out the Points Page to see list!

Starting from the moment you walk in, we are assigning points to your team. The Games will conclude Friday night with the winners declared on Saturday morning. Points will be given for a whole bunch of things such as...



Individual Challenges

Included in this very guide (plus Easter Egg and Homework challenges!)

Make sure you check out this guide front to back. There are a number of individual games you can accomplish in it, as well as some Easter Egg challenges. Once you have completed them, bring your guide to Flex Games Central to get your points added and your stamp of approval!



Group Challenges

Included in this very guide (plus Social Media challenges!)

Also, look for the pages that will give you challenges that you will need more than yourself to accomplish. Listen up for the Hosts to tell you of different social media posts that you can be part of to gain points.



Stage Games

Be ready to show your skills to all!

Scattered throughout the conference, our Hosts will be calling for interactive games for individual champions to be played from the stage. Contestants for the games will be chosen by your coaches so be sure to introduce yourself to them soon!



The Main Games

Friday afternoon is your chance to show your skills!

New this year, both students and leaders will be heading to the EBIC gym to compete in four large group games that will test your body, mind, soul, and spirits. Which team will pull ahead?



Let the Games Begin!

Get ready for fun and a few surprises!

You never know when surprise point opportunities will be given so be ready. What are the prizes? Who will win? How do I get more points? All will be revealed at the right time. But tell you what... for a reward for reading all these rules, underline every "s" on this page (for Saturate) and bring it to Flex Games Central for a bonus **5000** points! See... you're winning already!



Got questions? Please check out the following pages or visit the Flex Games Central booth in the lobby.



MEET YOUR COACHES

THE RED TEAM



Tessa Haney

Since graduating from EBIC, Tessa has worked at Elim Fellowship as Project Manager, as well as the Director of Family Ministries at her home church in PA. From teaching high school math to leading youth group to rock climbing, Tessa loves to pour into the next generation and build meaningful relationships with students - all while having fun! She can't wait to be part of this awesome team at Saturate 2023! Go Team EF!



Bethany Steffen

Bethany has worked at Elim Fellowship since 2018. She works in the accounting and global missions departments, and loves to help out with SATURATE every year! She is married with a son, a dog, and a baby on the way. She grew up in a family of 11 kids and it has caused quite a competitive streak! Basketball is her favorite sport and she enjoys The Office.

Elim
FELLOWSHIP

About Your Host Ministry

Elim Fellowship is a missional family made of pastors, missionaries, executives, churches and ministries. We truly are a global movement! The Elim family at every leadership level is dedicated to helping leaders grow into all that God has for them in their life, ministry, and calling. Our mission is to strengthen the leader, to equip the church, and to reach the world. We are a Christ-centered worldwide revival fellowship.



MEET YOUR COACHES

THE GREEN TEAM



Mike Freeman

Michael Freeman is the dedicated Director of BASIC College Ministries. He has worn many hats in his journey – from student leader to advisor and staff member, and now, the executive director. His passion lies in nurturing the potential of young adults, helping them discover their callings and gifting. Michael's commitment to empowering the next generation is at the heart of his work at BASIC College Ministries.



Cece Rossin

Cece Rossin is a Brazilian who grew up in Japan as a missionary kid. She graduated Elim Bible Institute and College with a Bachelor in Theology and is a Licensed Minister with Elim Fellowship. She is currently working with BASIC College Ministries as their Relations Assistant and Social Media Manager.



About Your Host Ministry

BASIC College Ministries was founded in 1978 with the desire to see local churches used to effectively reach college campuses and to this day we partner with churches to reach campuses to change the world. College students right now represent the lowest number of attendance at churches. The staggering thing is that almost 75% of students who attended church as teenagers will walk away from the Lord in their first semester at college. Basic exists to see that number drop and for you to have a different college experience than the world might say you should have. We know that a community of believers and local churches can help you to thrive in your relationship with Jesus as a college student and to help you walk into bigger things than you may have thought were possible in your life. You don't have to leave high school and follow the same path as so many do, but you can find a BASIC group or even start one on your future campus to see your generation change the world and college campuses across the country.



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MEET YOUR COACHES

THE BLUE TEAM



Shaniah Bell

Shaniah Bell is a 24-year-old Admissions Counselor at Elim Bible Institute and College, where her husband is currently a student. Her goal is to encourage and empower Christians in their faith, so they can more confidently move in their calling and purposes for Christ and His kingdom. Be careful because she is VERY competitive, but if you want to get on her good side, recite a SpongeBob quote to her!



Ian Laird

Ian Laird grew up in the middle of nowhere (Arcade, NY), and after high school felt God leading him to Elim Bible Institute and College, where the one-year program became a four-year bachelor's degree, and now he even works at Elim as the recruiter! He's a worship leader, designer, role-playing game aficionado, and likes emo music, sometimes.



About Your Host Ministry

Encounter God. Discover His Plan. Transform the World.

Founded in 1924 and about to celebrate 100 Years, Elim Bible Institute and College is here to prepare Christ-centered, Spirit-empowered servant leaders for global ministry and worldwide revival. There are many Christian colleges granting degrees and broadening horizons, but Elim is different. It's not just about developing skills and acquiring knowledge, it is a training ground for a higher purpose with an emphasis on worship, hands-on ministry and servant leadership.

Elim students study the Bible deeply, develop character through practical ministry experiences, and prepare for a lifetime of serving God. Whether planning to pursue full-time ministry or building a strong spiritual foundation, Elim equips students to do the great works God has prepared in advance for them. We also have many opportunities for our students to pursue business either through our bachelor's in business management or our one- year certificates.



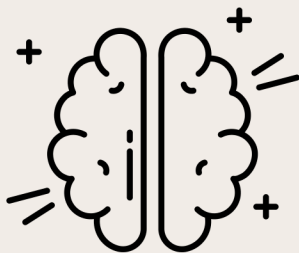
THE MAIN GAMES

The Ultimate Flex Games Challenges

Friday afternoon at 3 pm is usually the time during Saturate when the leader heads to the Leader's Lounge and the teens head to Epic Recharge. But we're doing it differently this year. Leader's Lounge has been moved to earlier in the day so we ALL can go together for the Main Games which will be the crowning jewel of the Flex Games. Four large group games played as an entire team will lead one team towards victory. And wait till you hear the storyline!

Body :

This large group game will depend on physical skill, strategy, and speed



Mind :

This large group game will be a challenge of the intelligence, wit, and no short supply of wisdom.



Soul:

This large group game will be a unique challenge with an emotional, humorous, and depth of personality element

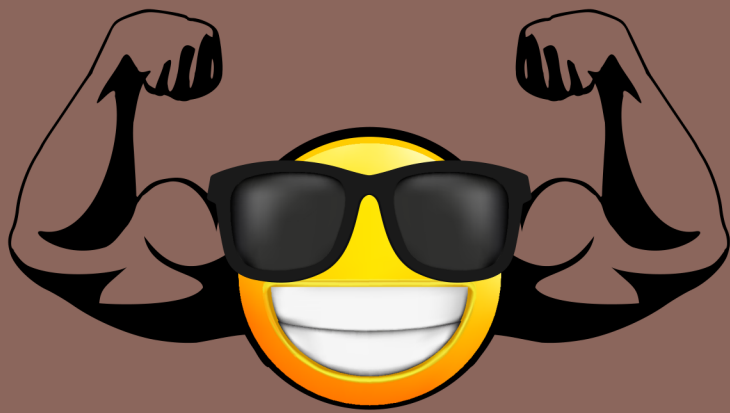


Spirit :

The final large group game will be a challenge deeper than any this world has to offer it. Let's say it's divinely inspired!

Our Host:

In the same way as the Olympics has a host city, the Main Games will be under the care of our own [*Elim Bible Institute and College*](#). We shall go on an adventure together as we learn just what it takes to respond to God's calling at EBIC for something bigger than oneself.



7 WAYS TO EARN POINTS FOR THE FLEX GAMES

#1 Stage Games

The conference will feature games played on stage, with students selected by coaches to represent their teams. Points will be awarded for each game.



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1st Place: 1 million points

2nd Place: 750,000 points

3rd Place: 500,000 points



#2 The Main Games

Students and leaders will gather at 3 pm on Friday to participate in the Main Games at the EBIC gym, with points awarded during the competition.

BODY Game:

1st Place: 2 Million points

2nd Place: 1 Million points

3rd Place: 750,000 points

SOUL Game:

1st Place: 2 Million points

2nd Place: 1 Million points

3rd Place: 750,000 points

MIND Game:

1st Place: 2 Million points

2nd Place: 1 Million points

3rd Place: 750,000 points

SPIRIT Game:

1st Place: 2 Million points

2nd Place: 1 Million points

3rd Place: 750,000 points

#3 Field Guide Individual Games



Here in this Field Guide, you'll discover three exciting games you can play individually. Once you've finished playing, bring them to the Flex Games Central booth to earn team points.

Each game is worth 5000 points.

#4 Field Guide Group Games

Score big points with your team by completing three fantastic group games found in this Field Guide. Get ready to soak up those team points as each game is worth a whopping **5000 points!** Don't forget to bring your completed games to Flex Games Central.



#5 Take Note!

Get ready to flex your note-taking skills! Each of our rockstar speakers and breakout sessions has a designated spot for your jottings. How many points will you score? It all comes down to your eagle-eye focus and attention to detail. Aim for the stars, with points ranging from **1000 to a whopping 10,000!** Bring your finished notes to Flex Games Central to collect.

#6 Easter Eggs and Social Media challenges

Peep the Easter Egg page Conquer them, flash them to the Flex Game Central gang, and BAM! You'll be rewarded with a mega **5000 points each!** **Social media challenges are 5000 points each also.**



#7 And More!

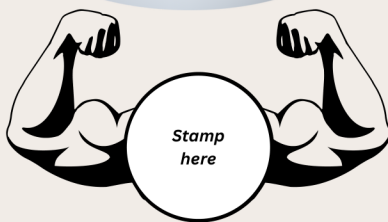
Seniors that attend the EBIC Dinner earn an instant **20,000 points!** Youth leaders give you point tickets if you do awesome things. You never know what else. So keep your eyes and ears open.



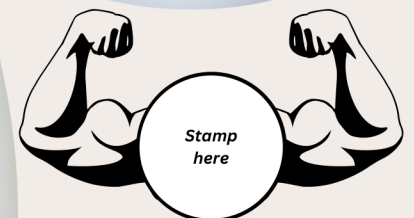
EASTER EGG CHALLENGES

definition: an unexpected or unconventional feature included as a joke or a bonus.

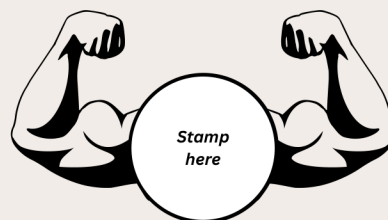
Find 10 Flex game logos hidden around the lobby. Take pic of them if you have a camera (they look like this)



Learn the middle name of three hosts, speakers, or Flex Game coaches



Find somebody who has your same birthday (month and day, not year)





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**(WHEN ASKED FROM STAGE...)
SOMEBODY PLEASE FROM THE....**

THE GREEN TEAM ONLY...



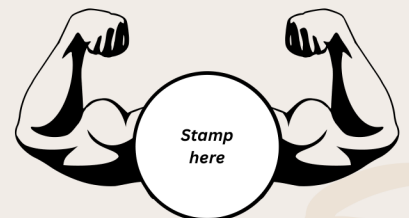
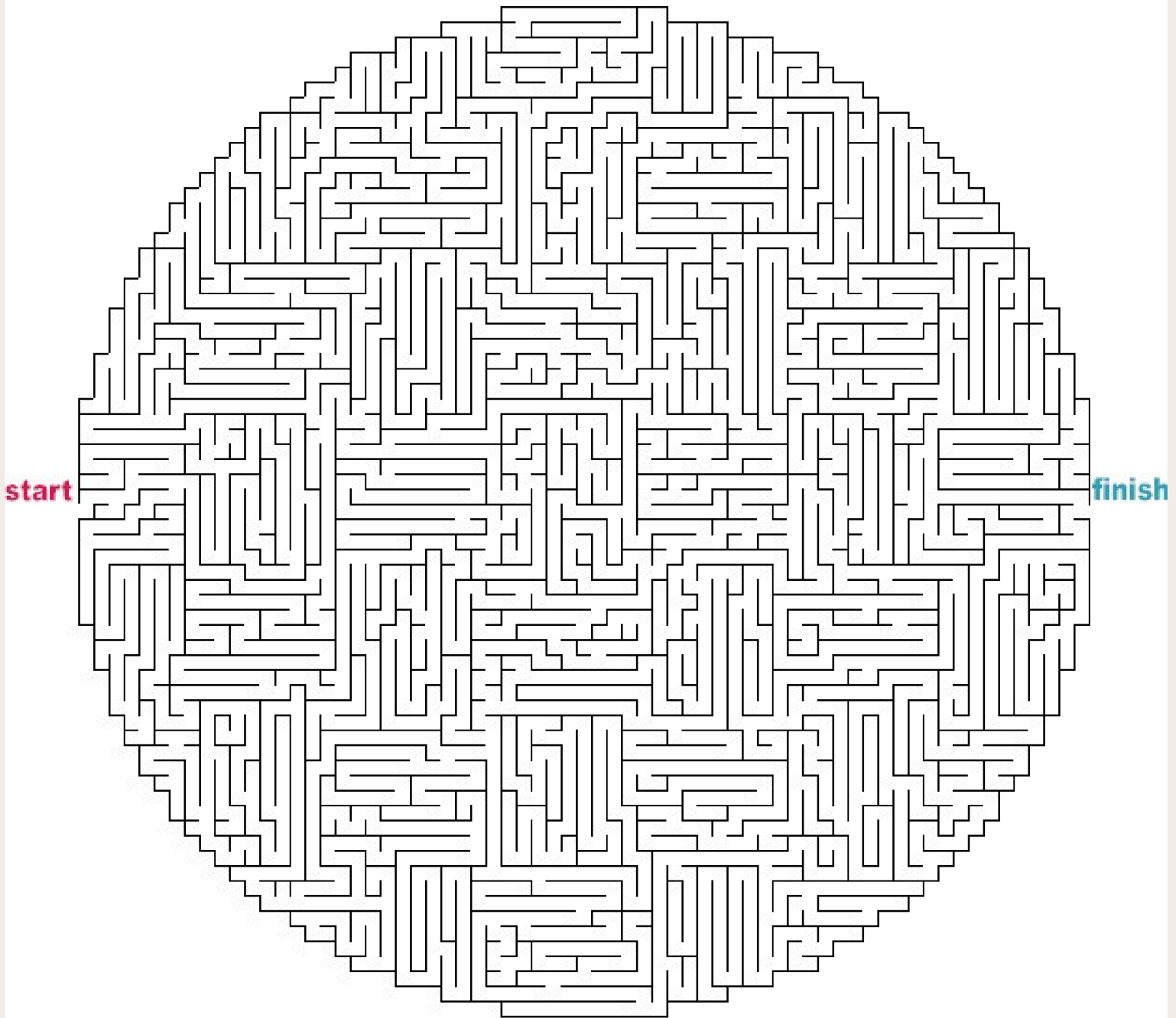
**COME ONSTAGE AND PUSH THE BIG, SHINY,
GLOWING**

GREEN BUTTON!



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INDIVIDUAL GAME #1





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**(WHEN ASKED FROM STAGE...)
SOMEBODY PLEASE FROM THE....**

THE BLUE TEAM ONLY...



**COME ONSTAGE AND PUSH THE BIG, SHINY,
GLOWING**

BLUE BUTTON!

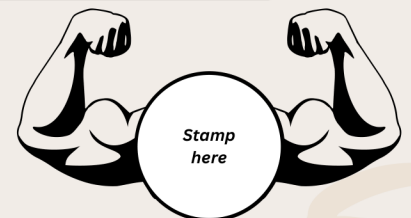


INDIVIDUAL GAME #2

Get 5 in a row or bonus for ALL spaces

Saturate Bingo

Sang a worship song with all my heart	My team won a game	Stage game was played	Kevin on stage	Looked up John 14:6
Told 10 people this year's theme	Free space	Yelled 1 min countdown	Awesome worship song sung	Told someone they were cool non-sarcastically
Gave a stranger a "thumbs up"	Met someone new	Spun in a circle 10 times	Asked 10 people what this year's theme is	Someone Said "Saturate" onstage
Gave someone a high five	Taryn on stage	20 Jumping Jacks	Josiah on stage	Used the word "Revival" in a sentence
Prayed	Made up a haiku about Saturate	Looked up John 10:10	Drew 20 smily faces	DJ played a song

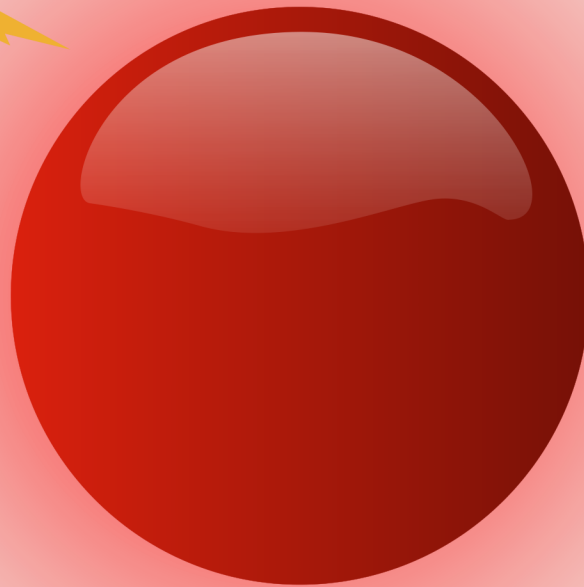




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**(WHEN ASKED FROM STAGE...)
SOMEBODY PLEASE FROM THE....**

THE RED TEAM ONLY...



**COME ONSTAGE AND PUSH THE BIG, SHINY,
GLOWING**

RED BUTTON!



INDIVIDUAL GAME #3

Figure out the Bible Story

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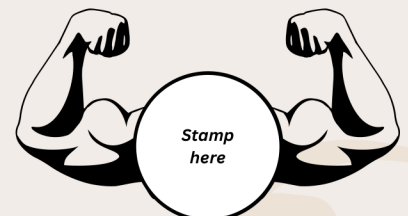
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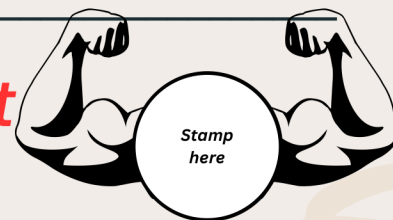


GROUP GAME #1

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*Get 50 people to print
their name*

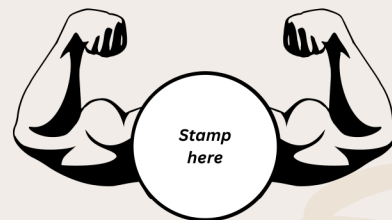
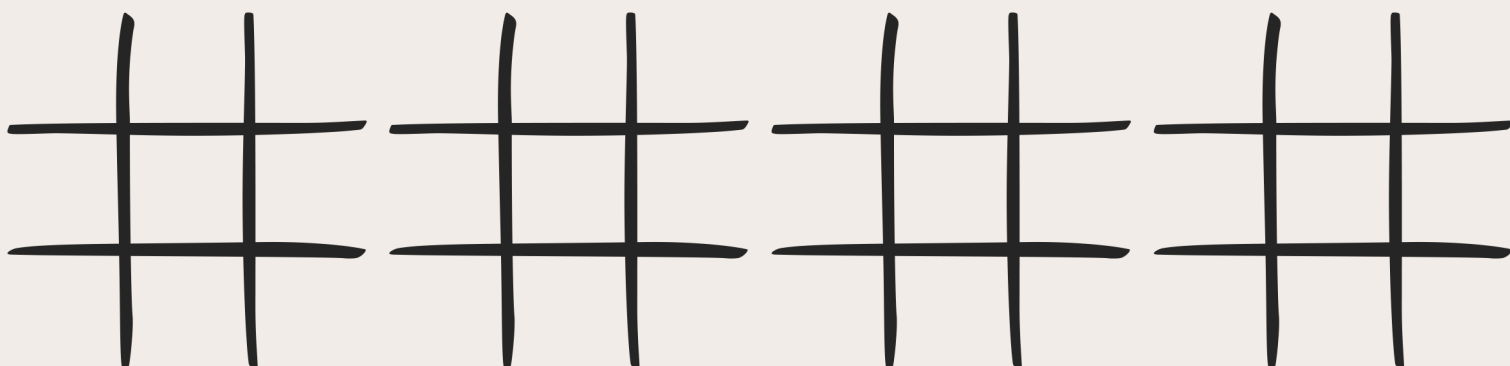
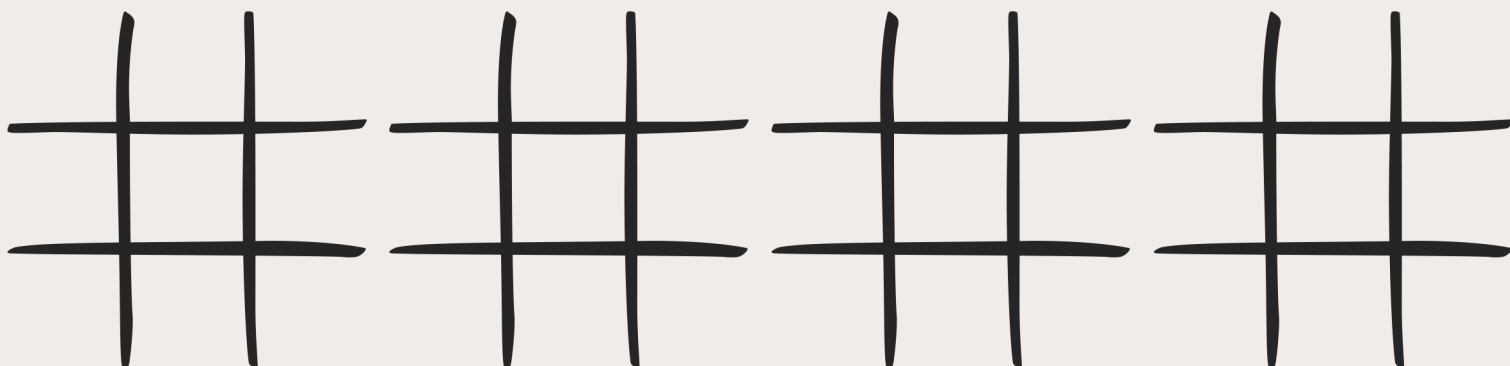
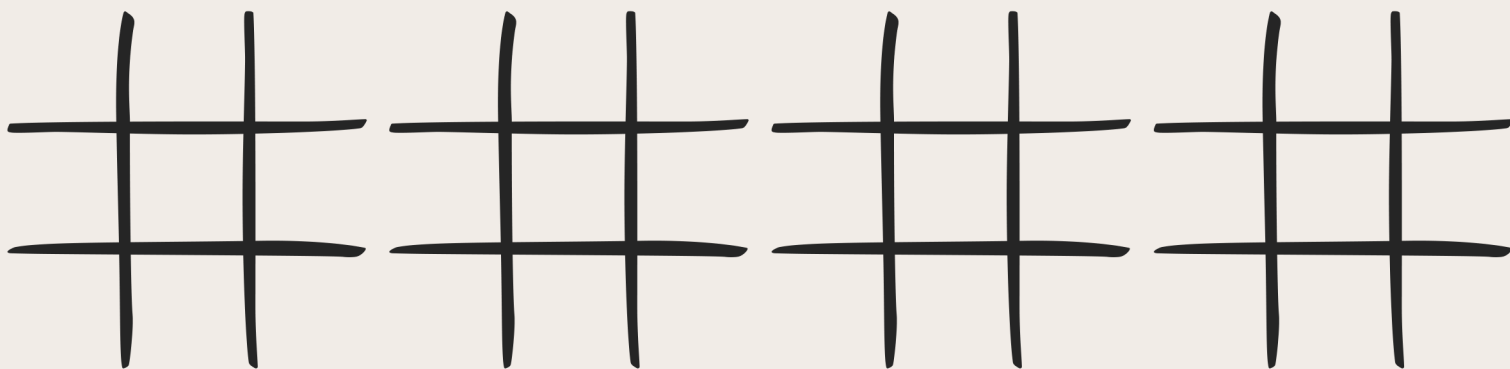




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GROUP GAME #2

Challenge Yourself: Battle 12 Random Strangers in 12 Games of Tic Tac Toe!





GROUP GAME #3

Snap-tastic Scavenger Hunt!

(No camera? No problem! Grab a buddy who has one or get creative with an imaginary one. It's the honor system here, folks!)



- A group high-five
- Scared face with someone
- Shocked face with someone
- Silly face with someone
- Jumping
- Upside down face with someone
- Barefoot
- Posing with a host
- Pic with the word "Saturate" in the background
- Pretending to read something you're really into
- Holding something blue
- Holding something red
- Holding something green
- With a Saturate volunteer
- With a Youth Leader you don't know
- Picking up litter and throwing in away
- Making a heart with your hands
- Flexing your muscles with someone

